

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	A Variety of made -to-order cage free eggs prepared daily any way you'd like them! Whole eggs, scrambled egg mixture, and egg whites, and breakfast potatoes. Brunch is served Saturday and Sunday, which includes a Omelet Bar (served on Bravo) Fresh fruits and yogurts also available daily on the Salad Bar.						
	Breakfast Meat	Sausage Link	Breakfast Ham	Corn Beef Hash	Bacon/Turkey Bacon	Sausage Link	Breakfast Ham
Soup	Full Salad Bar featuring 28 toppings and 5 different fresh seasonal fruits						
		Chicken Corn Chowder (D)	Chili (GF)	Chicken & Rice (GF)	Ham and Green Bean	Chicken Noodle	Chefs Choice
Bell Tower Deli	Vegetarian Soup	Vegetable Soup (VGN,GF)	Cheddar Ale (GF,V,D)	Potato (D)	Curry Lentil (VGN)	Tomato (V,D)	
	Full Station Feature	Deli	Deli	Deli	Deli	Deli	Deli
	Featured Item	Deli	Deli	Deli	Deli	Deli	Deli
	Full Station Feature						
	Featured Item	Kielbasa w/Kraut	BBQ Ham	Grilled Pepperoni & Pepper Jack (D)	Sloppy Joes	Grilled Cheese (D)	Roast Beef & Cheddar @ Dinner
	Fried Potato Feature	French Fries	French Fries	French Fries	French Fries	French Fries	French Fries
The Oven	Items available daily: fresh wood-oven pizza, chef-created specials						
	Lunch Feature	Pizza	Pizza	Pizza	Pizza	Pizza	
	Dinner Feature	Pizza	Pizza	Pizza	Pizza	Pizza	Pizza
	Theme Meal					Brunch	Brunch
Parkside Lunch	Entrée	Lemon Pepper Haddock (F,S)	Stuffed Shells w/ Broccoli & Cheese Sauce(V,D)	Red Flash Chicken (GF)	Herb Baked Chicken Legs (GF)	Shrimp Scampi (GF,SH,D)	Chicken Cordon Bleu Pasta (D)
	Entrée	Sauteed Cajun Chicken (GF,S)	Barbepulled Chicken(GF)	Cheese Ravioli (D)	Beef-a-Roni (D)	Open Faced Turkey Sandwich	Scrambled Eggs (V,GF)
	Vegetable	Green Beans (VGN,GF)	Broccoli (VGN,GF)	Steamed Zucchini (VGN,GF)	Sautéed Eggplant (VGN,GF,S)	Cauliflower (VGN,GF)	Mixed Vegetables (VGN,GF)
	Vegetable	Corn (VGN,GF)	Button Mushrooms (VGN,GF,S)	Mixed Vegetables (VGN,GF)	Sicilian Blend (VGN,GF)	Asparagus (VGN,GF)	Home Fries (VGN)
	Starch	White Rice (VGN,GF)	Roasted Ranch Potatoes (VGN,GF,S)	Wild Rice (VGN,GF)	Butter Noodles (V,S)	Basmati Rice (VGN,GF)	Pancakes (V,S,D)
	Vegetarian or Vegan	Garlic Black Beans (V,D)	Cheesy Veggie Melts (D)	Kung Pao Tofu (V,S)	Scalloped Portobello Mushrooms (V,D,GF)	Spicy Stuffed Peppers w/ Feta (V,D,GF)	Apple Fruit Strata (V,D)
Parkside Dinner	Entrée	London Broil (S)	Lemon Pepper Chicken (GF)	Beef Teriyaki (S)	Hamburgers, Hot Dogs, Vegtable Burgers	Old Bay Cod (F,GF,S)	Stuffed Shells w/ Marinara (V,D)
	Entrée	Chicken & Gnocchi Marinara ((D)	Seafood Gumbo (F,S,SH)	Rotisserie Chicken (GF)	Pulled Pork	General Tso's Chicken (S)	Chicken Fajita's (S)
	Vegetable	Capri Vegetables (VGN,GF)	Stewed Tomatoes (VGN,GF)	Candy Roasted Beets (VGN,GF)	Corn & Baked Beans	Kale w/ Garlic (VGN,GF)	Lemon Parmesan Brussels Sprouts (V,GF,D)
	Vegetable	Succotash (VGN,GF)	Honey Roasted Carrots ((V,GF,D)	Roasted Garlic Green Beans (VGN,GF,S)	Pasta Salad, Potato Salad	Roasted Squash (VGN,GF,S)	Corn (VGN,GF)
	Starch	Mashed Potatoes (V,GF,D)	Mac and Cheese (V,D)	White Rice (VGN,GF)	Watermelon	Brown Rice (VGN,GF)	O'Brien Potatoes (VGN,GF,S)
	Vegetarian or Vegan	Vegetable Tofu Stir Fry (V,S)	Rice Stuffed Zucchini (V,GF)	Vegetarian Egg Rolls (V,S,D)	Macaoni Salad	Moroccan Greens (VGN,GF)	Vegetarian Lasagna Roll Ups (V,D)
Bravo	Lunch Feature					Ham Breakfast Sandwich	Sausage Breakfast Sandwich
	Dinner Feature					Closed	Closed
	Chef's Feature						
Inspired Eats	Lunch Entrée	Grilled Top Loin	Pork Feijoda	Bruschetta Chicken	Roasted Chicken(gf)	Cajun Eye Round	
	Lunch Starch	Mashed Potato	Brown Rice Pilaf	Obrien Potatoes	Spicy Red Potatoes	Green Peas	Chef Choice Breakfast
	Lunch Vegetable	Carrots w/ Orange	Steamed Broccoli	Lemon Pepper Pasta	Maple Thyme Carrots	Roast Sweet Potato	
	Dinner Entrée	Greek Chicken Kabobs	Mexican Chicken	Chicken Cacciatore Italian	Citrus Pork Tenderloin	Quinoa & Butternut Casserole	
	Dinner Starch	Cilantro Black Bean Rice	Vegan Corn Bread	Broccoli Rabe Raponni	Charred Lemon Kale	Baked Potato	Chef Choice Dinner
	Dinner Vegetable	lentil Spinach Salad	Vegetable Fajitas	Italian Roast potatoes	Jasmine Rice	Balsamic Apple Kale Salad	Chef Choice Dinner