

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	A Variety of made -to-order cage free eggs prepared daily any way you'd like them! Whole eggs, scrambled egg mixture, and egg whites, and breakfast potatoes. Brunch is served Saturday which includes a Omelet Bar (served on Bravo) Fresh fruits and yogurts also available daily on the Salad Bar.						
	Breakfast Meat	Sausage Link	Breakfast Ham	Corn Beef Hash	Bacon/Turkey Bacon		
Soup	Full Salad Bar featuring 28 toppings and 5 different fresh seasonal fruits						
	Vegetarian Soup	Taco (GF) (A) Broccoli Cheddar (V,D)	(A) Italian Wedding (D) Hearty Vegetable Lentil (VGN,GF)	(A) Chicken Vegetable (GF,S) Corn Chowder (D)	Buffalo Chicken (D) (A) White Bean & Spinach (VGN,GF)	New England Clam Chowder (SH,D) (A) Tomato (V,D)	
Bell Tower Deli							
	Full Station Feature	Deli	Deli	Ice Cream Bar	Deli	Deli	
	Featured Item	Deli	Deli	Deli	Deli	Deli	
	Full Station Feature			Pierogie's Parkside #2			
	Featured Item	Pepper Jack Quesadilla (D)	Ham and Cheese on Pretzel Bun (D)	BBQ Pulled Chicken	Turkey Burgers	Grilled Cheese (D,S)	
	Fried Potato Feature	Straight Cut Fries	Crinkle Fries	Brew City Fries	Waffle Fries	Steak Fries	
The Oven	Items available daily: fresh wood-oven pizza, chef-created specials						
	Lunch Feature	Pizza	Pizza	Clown Pizza and Bread Stick Bar	Pizza	Pizza	
	Dinner Feature	Pizza	Pizza	Pizza	Pizza	Pizza	
Parkside Lunch	Theme Meal						Brunch
	Entrée	Beef Ravioli w/ Marinara (D,S)	Shrimp Bar sac (SH,D)	Chicken Tenders	Bruschetta Chicken (GF)	Fried Pangenesis (F)	
	Entrée	Coconut Curry Chicken (GF,TN,SF)	Swedish Meatballs (S,D)	Italian Brisket (GF)	Roast Beef (GF)	Teriyaki Pork Stir Fry (S)	
	Vegetable	Peas & Corn (VGN,GF)	Asparagus (VGN,GF)	Normandy Blend (VGN,GF)	Green Beans and Peppers (VGN,GF)	Roasted Vegetables (VGN,GF)	
	Vegetable	Asian Blend (VGN,GF)	Spaghetti Squash (VGN,GF,S)	Steamed Zucchini (VGN,GF)	Corn (VGN,GF)	Stewed Tomatoes (VGN,GF)	
	Starch	Brown Rice (VGN,GF)	Basmati Rice (VGN,GF)	Butter Noodles (V,S) & Corn Dogs	Creamy Mashed Potatoes (D)	Mac & Cheese (V,D)	
	Vegetarian or Vegan	Sweet Chili Tofu (VGN,S)	Fruit Crepes (V,D)	Blue Cheese Pasta (V,D)	Quiche Florentine (V,E,D)	Caprese Stuffed Portobello Mushrooms (V,GF,D)	
Parkside Dinner	Theme Meal						
	Entrée	Asian Pork Loin (S)	Beef Lasagna (D)	Dorito Chicken Casserole (D)	English Style Cod (F,D)	Fried Clam Strips (SH)	
	Entrée	Haddock w/ Crab Sauce (GF,F,SH,D)	Baked Chicken (GF)	Sesame Beef Stir Fry (S)	Chicken Tortellini Alfredo (D)	Grilled Chicken w/ Salsa (GF)	
	Vegetable	Grandmas Cauliflower (V,D)	Garlic Spinach (VGN,GF)	Oriental Blend (VGN,GF)	Broccoli (VGN,GF)	Mediterranean Blend (VGN,GF)	
	Vegetable	Carrots (VGN,GF)	Roasted Vegetables (VGN, GF,S)	Snap Peas (VGN,GF)	PEI Blend (VGN,GF)	Bang Bang Brussels Sprouts (VGN,GF)	
	Starch	Creamy Risotto (GF,D)	Roasted Potatoes (GF,V)	White Rice (GF)	Boiled Yukon Gold Potatoes (VGN,GF)	Roasted Wedged Potatoes (VGN,GF,S)	
	Vegetarian or Vegan	Vegetable Lo Mein (V,S)	Pasta Primavera (V,D)	Vegetarian Egg Roll V,S,D)	Kung Pao Cauliflower (S,TN)	Pasta w/ Mushrooms (V,D,S)	
Bravo	Lunch Feature	Assorted Dip Bar	Philly Bowl	Fried Oreo and Funnel Cakes	KFC Bowl	Shrimp and Grits	
	Dinner Feature	Chicken Salad	Build your own Taco	Pretzel Bar	Baked Potato Bar	Closed	
	Chef's Feature						
Inspired Eats	Lunch Entrée	Chicken Singapore	Jerk Chicken	Chicken Tenders	Gochujang Pork	Apple Cider Braised Chicken	
	Lunch Starch	Dirty Rice	Spanish Rice	Hand Cut Fries	Roasted Cauliflower Pasta	Mashed Potatoes	
	Lunch Vegetable	Lemon Broccoli	Roasted Onion and Peppers	Summer Corn Salad	Sugar Snap Peas	Steamed Broccoli	
	Dinner Entrée	Pork Tenderloin with Lentils	Unstuffed Cabbage Casserole	Chicken Marsala	Grilled Chicken Thigh and Salsa	Cuban Pork Roast	
	Dinner Starch	Creamy Polenta	Rosti Potatoes Cake	White Rice	Penne Pasta/ Marinara	Cilantro white rice	
	Dinner Vegetable	Roasted Brussels Sprouts	Roasted Green Beans	Green Beans with Mushrooms	Balsamic Brussels Sprouts	Cuban Black Beans	